

ISGA Annual General Meeting
Monday 10 May 2021
Via Zoom 8.30pm
Minutes

Present: June Walden (Chairman), Verity Boulger (Vice Chairman/Judges' Convenor), Linda North (Competition Secretary/St Faith's), Marion Charafeddine (Technical Director/RMS), Jo Cox (Committee Member/Kent College), Emily Burman (Development Officer/Habs), Helen Le Page (Trophies Secretary/Guildford High), Suzanne Rimini (Treasurer and General Secretary/St Mary's School, Hampstead), Trudy Smith (Committee Member, Media/Stamford), Abi Day, Louise Chown, Zsolt Csorba, Simon Pike (all Port Regis), Jo Drury (Tormead), Nancy Moore, Rebecca Gannon, Joanna Paish (all St Catherine's, Bramley), Nikki Towner (Vinehall), Rebecca Crane (Lady Eleanor Holles), Tara Oxley (Guildford), Ashley Beaver (Bute House), Laura Jasinski (Godstowe), Georgia Connell, Grace Stacey (both St Mary's, Gerrards Cross), Vikki Cook (Holmewood House), Paula Curtis-Cole (St Winefride's), Vicky Carvell (King's High/Warwick Prep), Nikki Towner (Vinehall), Amy Thompson (St Mary's, Hampstead), Anne-Sophie Donckier (British School of Brussels), Catherine Kydd (Claremont Fab Court School), Claire Pocock (ISGA Scorer), Johanna Stapley (Lady Barn House), Katie Khosla (City of London), Paula Curtis-Cole (St Winefride's), Taylor Eden (Clapham & Streatham High School), Vicky Carvell (Warwick Prep/King's High)

Apologies: Lisa Nixon (Adcote), Simone Hazeu (BSN), Emma Horncastle (NLCS), Danielle Pegg (Queen Mary's), Katie Phillips (ISGA Scorer), Harriet Henderson (St George's), Stephanie Toogood (Wycombe Abbey), Maddy Vaughan Johncey (RMS), Sarah Portsmouth (Stormont), Julian Richardson (St Mary's, Hampstead),

. Meeting started at 8.40pm

1. Minutes of the last AGM

. Minutes of 2019 AGM had been read by all, agreed accurate and were signed by June

2. Matters arising

Recognition Award. awarded to Emily Odunsi, Tormead – GB Squad for TeamGym. Represented country at European Championships. Presented at a school presentation evening.

Safeguarding at Competitions . Privacy document at bottom of ISGA website home page. We also have our own Safeguarding document and photograph protocol which is sent to schools at beginning of Autumn term. Photo protocol was also on view at 2P competition at RMS. Verity is currently updating for Autumn 2021.

3. Chairman's Report

Sent in advance. Includes Treasurer's report. If anyone would like a copy of balance sheet, ask Suzanne to send one. A reminder of the 3Rs – Read the Rules and you'll get the Results you want. Marion has worked extremely hard to ensure judges' guidelines are now included in our rules so there is only one document to refer to. We are very grateful for the judge's day at Warwick Prep in Autumn 2019 and Coaching Day at Habs. We had a great 2 Piece at RMS and 4 Piece at Prior's Field.

Linda then updated on Virtual competitions which were imminent. Judges are being finalized for Practice comps, over 310 gymnasts taking part, from U8s to O13s, boys and girls, we are able to accommodate differing requirements. Main competition taking part on 13 June. Understanding is you can't take part in that without a Practice comp with a judge visiting virtually through Teams. We hope all children have a great time and coaches feel it has been something to work towards. Medals are being organized. June thanked Linda, Marion, Verity for help in organizing.

Helen has sent an important document about trophies. Please do return any you have. Verity has been busy helping judges get to grip with the new technology. Emily has continued education through Zoom and would like to know what you would like in the Autumn term and what level. **ACTION - All Schools**

Marion has been very busy updating rules and the new cycle will now run from 2021-2025, instead of 2020-2024. There is one small amendment on Set Floor which is on Girls' 4 Piece Set Floor where the Forward Roll, Straight Jump showing straight back has harsh deductions so there will be no requirement to start Forward Roll from Squat, but will start from standing. It will also be removed from the boys' routine. Backward Roll for boys will also be changed so it starts from standing position. These changes will come into force from September, not for the Covid Rules.

ACTION - Technical Director

Marion has also mentioned possible change to Senior Girls' Set Vault. Some schools have difficulty providing safety mats to reach 110cm in height and double length. Twenty years ago, a parent at Castle House School, had Set Vault platforms made. They are great to use, but bulky and expensive to store. June asked whether we could come up with a new Senior Set Vault, requiring less equipment and possibly shorter runup. We have tried out some ideas but would also like to hear from other schools who may have ideas. Emily showed footage of Guildford U13 gymnasts having a go at Handspring to Stand on a 75-80cm high foam block.

ACTION - All Schools

Ashley asked about deduction in rules of 0.3 for arms up on board with our current Set Vault. Verity explained we were trying to avoid arms coming over top on approach to board and that arms needed to be behind on take off from floor. Marion stressed requirement is to encourage an armswing as they leave floor to go on to board. We do not want them running with arms up. We will look at amending diagram in rules which may be misleading.

ACTION - Technical Director

Laura commented that the important thing is for judges to recognize a little, low arm circle as well as a more pronounced armswing. Vikki asked whether schools would need to purchase blocks for the new Set Vault. Helen and Ashley suggested you could use any piece of equipment that was the correct height, eg. box top, soft vault equipment, benches. They would be easy to transport to schools if necessary.

Vikki said Geoff Turner is concerned it could be dangerous for gymnasts to perform a handspring prep set vault on 60 or 70cm and then go on to vault a voluntary vault handspring at 110cm, but Helen said her block could be turned around and used at either 80cm or 90cm. We need to be aware of over or under rotation. Laura quite likes vault but feels it will be difficult to judge between an ok one and a really good one and it may be better to design it with a fall to front lie on tummy. Emily says it has been used in London General Gymnastics competitions for a few years and safest way is if they finish with a rebound straight jump.

Laura also suggested a half on vault to land on tummy which Port Regis also like. Some feel it could be done badly but still be safe. Marion says Half on prep has been considered by technical committee but as many gymnasts are not yet handspringing, it seems too big a step to ask them to work on half on, but we could look again at it and she would be keen to hear from many schools rather than just one or two. June asks that all try out different vaults in next few weeks in the gym and share thoughts and videos with Marion. June agrees with judging being tricky and would be keen to get moving asap. It will not be needed until March 2022.

ACTION - All Schools

June mentioned new password protected section of website which has just gone live and log in information will be sent to all member schools in a separate email from June. Only available to schools who are current members. Passwords will change each year. Members section username and password which have previously been circulated will take you to meeting minutes, our constitution and lists of member schools.

ACTION - Chairman (sent to schools)

4. Secretary's Report

Not much to add to the report that was sent out other than to remind that it is better for emails to be sent to just one contact in each school, but if more practical, please let Suzanne know who else to send to.

5. Treasurer's Report and Annual Affiliation Subscriptions

Has gone out. Would just like to add thanks again to Milano for generous sponsorship which covers most of our 'other expenses' in return for which they are exclusive vendor at all our competitions. Thanks also to The Royal Chase Hotel in Shaftesbury for waiving the final £2,300 which was owed on 5 Piece 2020 judges' accommodation. We are now able to pay by BACS instead of cheque for judges' expenses etc. Affiliation fees which would normally be due from 1 June will be pushed back until 1 September. This year's £10 per section per school raised a healthy £780 and we are very grateful to all member schools who have continued to support us. One proposal was to raise mileage rate for judges and officials to be raised from 40p per mile to 45p per mile. This was unopposed and will come into effect next academic year. June added that she hopes Milano will still be able to support us following the pandemic and following the change of leadership at the company. It does cost them money to do so, but they are very fond of ISGA.

6. Appointment of Auditors

We do not need to be officially audited but it is good practice to have someone check through the accounts and this will be done by a finance professional named Debbie Stewart as soon as final figures for the Covid Champs have been compiled. If anyone is keen to see this year's balance sheet one can be posted out.

7. Election of Committee Members

June thanked the whole committee for their commitment over the past three or four years. All now needed to stand down. Verity replied with thanks to June for steering us and for supporting everything we do and hoped she would continue as Chairman for the next three years. There have been no other members wishing to take a place on the committee so June asked all to stand again and the meeting agreed unanimously for them to continue to be in post from 2021 – 2024.

8. Dates and venues for the following year's competitions

Emily and Marion are happy to organize coaching and judging workshops again in September. Both would cover new Set Vault if that is decided. June also asks for suggestions from members, before the end of this term, of what they would like covered. **ACTION - All Schools**

We are hoping to hold competitions on the following dates, with venues to be decided:

- . 2 Piece competition on 20/21 November 2021
- . 4 Piece competition on 22/23 January 2022
- . 5 Piece competition on 4/5/6 March 2022

Only way to hold in the Autumn term would be to go to a neutral venue sports hall. Linda has tried several venues but asks that members also check whether they could possibly hold. Surrey Sports Park, Redbridge, Wycombe Leisure Centre, were suggested by members as possible other venues to try. Entry per team might have to be a little higher and there may be restrictions on audience. Please send any leads you may have to Linda. **ACTION – All Schools**

We also may need to hold virtual competition again next year. June mentioned that if sports centre was in say, Guildford, we would hope local schools would work together to host and move equipment.

- . ISA Nationals 8 May 2022 at Adcote School, Shropshire
- . IAPS. nobody really knows what they will be allowed to do next term. Linda has requested it moves to much later in the year as provisional date of November 27/28 is quite early to ask any school to be able to commit to hosting

Other School Gym Dates are:

- . BSGA Milano 11/12 March 2022
- . BSGA School Gym 30 Apr/1 May 2022
- . BSGA GymFest 18/19 June 2022

9. Date of next AGM

Tuesday 26 April 2022, 8.30pm via Zoom . **Please note change of date from one given at AGM**

10. Any Other Business

Nancy (St Catherine's) has asked about clash of 5 Piece competition with Lacrosse Finals. Linda says very difficult to avoid clashes at such a busy time of year. ISGA cannot move dates but Linda will do everything she can to shift the day around to accommodate individual requests.

June reminded there are spaces on the committee and urges members to think about whether they would like to join after next year's AGM. She wished luck to all for the end of term and to those competing in the virtual competitions.

Meeting closed at 10.10pm