

## ISGA Junior Researcher Quiz No 5

*Test your gym brain and find out more about ISGA*

The answers are all usually found somewhere on the ISGA website, sometimes in more than one place. For this quiz you need to be searching mostly in: **History section, plus 5Piece Rules - General section, Voluntary floor, group sequence.** None of the answers are found in the Members section which requires a password.

Then check against the answers which will be published by **Sunday 11 April 2021** on the Chairman's Corner page <https://www.isgagymnastics.org/chairmans-corner/>

If you found this quiz easy to complete then a second, slightly more difficult SENIOR RESEARCHER QUIZ is also available on the website.

No	QUESTIONS	ANSWERS
	<b>Abbreviations</b> G = girl, B = boy, G/B = girl and boy U11 = under 11 years age group, U9 = under 9 Years age group etc. U11 B = under 11 boy; O13 G = over 13 girl SF = set floor: VF = voluntary floor: GS = group sequence	<b>Abbreviations</b> 2P = Two Piece Apparatus Championships. 5P = Five Piece Apparatus Championships 4P = Four Piece Apparatus Championships SV = set vault: VV = voluntary vault
1	1) Who designed the current ISGA logo? 2) What was the name of her daughter? 3) Which school did her daughter compete for?	1) 2) 3)
2	According to the Spectators' Guide for the first 4P Championships in 2015 there were 3 categories. Name them.	1) 2) 3)
3	1) How many gymnasts were in a team? 2) How many of their scores counted?	1) 2)
4	In our current 4P, 5P & 2P rules (2020 - 2024), 1) What is the maximum number of gymnasts allowed in a team? 2) How many of the team are allowed to compete at each discipline?	1) 2)
5	If a gymnast gets injured after competing in only one discipline can a reserve be brought in to compete?	
6	A valdez (backward walkover from sitting) is what type of move in the voluntary floor code: Strength, /Flexibility / Balance?	1)
7	What type of a move/s are splits - Strength, /Flexibility / Balance?	
8	What are the following agilities - Elementary, Intermediate or Advanced? 1)540 spin 2)splits 3)Ring leap 4) Back flic to land on two feet	1) 2) 3) 4)
9	During a group sequence one of the gymnasts is slow so misses out the forward roll which the others three are already performing to catch up with her team mates. How many marks would she lose for her team?	
10	1) A group sequence has a warm-up on the competition floor of how many minutes? 2) The music should be no longer than 90 seconds, but not shorter than how many seconds?	1) 2)

JR5 Quiz only 2021