

## ISGA Senior Researcher Quiz No.3

Coaches & Judges how much do you know about the **Set Vault?**

Can you answer the questions correctly without reference to the website?

The answers are all found on our website, sometimes in more than one place. None are to be found in the Members' section which needs a password. Write your answers in the spaces. Then check on the website or against the answers on the Chairman's Corner page which will be published by - **Sunday 14 March 2021.**

No.	Questions	Answers
	<b>Quiz Questions on the Set Vault</b>	
	Abbreviations G = girl, B = boy, G/B = girl and boy U11 = under 11 years age group, U9 = under 9 Years age group etc. U11 B = under 11 boy; O13 G = over 13 girl	Abbreviations 2P = Two Piece Apparatus Championships. 5P = Five Piece Apparatus Championships 4P = Four Piece Apparatus Championships SV = set vault: VV = voluntary vault
1	1)What is the span of the current rule cycle? 2)From 20..... to 20.....?	1) 2)
2	1)4P U9 G/B - deduction for lack of arm swing? 2)4P U11G/B, U13G/B, U14B - deduction for lack of arm swing?	1) 2)
3	1)4P G/B, 5PG - Deduction for falling off the landing mat? 2)What's the deduction for the vault deviating from a straight line?	1) 2)
4	1)If a 4P U9 gymnast's hands are slightly staggered on the vault top is it deductible? 2) If so, by how much?	1) 2)
5	1)If a boy moves or 'walks' one step on his hands on the vault top, will he be deducted? 2) If so by how much?	1) 2)
6	If any gymnast brushes their head on the vault top what is the deduction? Will they also get deducted for bent arms?	1) 2)
7	A coach is very hesitant about the gymnast and steps in to assist the handstand from falling backwards. What is the deduction?	1)
8	What is the maximum height for the U11 4P set vault platform? What is the maximum height for the U13G, U14B 4P set vault platform?	1) 2)
9	What is the maximum height for the U10 5P set vault platform? What is the maximum height for the O13 5P set vault platform?	1) 2)
10	What is the length of the U13G & U14B run-up?	1)
11	5PG SV - a double bounce on hands on vault top is this deductible?	1)
12	Wow a perfect set vault scored 10.00 at the 2019 2P competition! 1)In which age group did this happen? 2)Which school did the girl gymnast attend?	1) 2)