

# I.S.G.A. GIRLS Under 9, 10 & 11 SET FLOOR – COVID GOLD & SILVER Judging Sheet

School.....

Under.....

Value	Good posture 3 secs	1.4 Handstand, forward roll, split jump	1.0 360° Spin	1.0 Cartwheel	0.4 ¼ Turn backwards on toes	1.4 Forward horizontal leg lift - 3 secs & upright arabesque balance 3 secs	1.4 Round off, star jump	1.0 Backward roll to straddle stand	1.4 Forward roll, 360° high straight jump	Execution Deductions	TOTAL BONUS	Judge 1	TOTAL
Bonus		0.3	0.1	0.1		0.1	0.1	0.2	0.1	9.00	1.00	Judge 2	
No: .....										9.00			
No: .....										9.00			
No: .....										9.00			
No: .....										9.00			
No: .....										9.00			

**Bonuses 10 x 0.1 bonuses = 1.00. See table on page 7 of Covid Rules.**

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|---|---|--|
| 1. Handstand <b>held 2 secs</b> ,                           | 2. <b>Straight arm</b> forward roll,              | 3. <b>Height</b> in split jump.                        |
| 5. <b>Flight</b> into the cartwheel.                        | 6. Forward leg lift <b>above 90°</b> held 3 secs. | 7. <b>Dynamic</b> round off.                           |
| 9. <b>Lift, show handstand position</b> with feet together. | 10. <b>Secure landing.</b>                        | 8. Backward roll with <b>straight legs throughout.</b> |