



**The 17th ISA National Gymnastics Team Championships**  
**4 Piece Competition for Girls & Boys**

- Date: Sunday 10 May 2020
- Venue &  
Host School: Adcote School  
Little Ness  
Shropshire SY4 2JY
- Host Organiser: Miss Louise Hudson – Adcote School  
[ludson@adcoteschool.co.uk](mailto:ludson@adcoteschool.co.uk)
- Comp Secretary: Mrs June Walden – (independent)  
[chairman@isgagymnastics.org](mailto:chairman@isgagymnastics.org)
- Age Groups: Boys under 11, Boys under 9  
Girls under 11, Girls under 9  
Ages as from 1 September 2019
- Teams: Maximum of six boys or girls per team, (minimum four)  
4 scores to count on each discipline. No Individuals.
- Closing date: Tuesday 4 February 2020
- 4 Piece Format: Each gymnast will perform the following four disciplines which  
will together constitute the overall team result:
1. Set vault
  2. Voluntary vault
  3. Set floor
  4. Voluntary floor

ISA schools wishing to enter should download the entry form and disclaimer, full sets of boys and girls rules, letter from competition secretary, summary of rules etc. Click the link below  
<https://www.isaschools.org.uk/sports/isa-sport-national-events/gymnastics> /event information

New schools hoping to enter but having queries, please email Competition Secretary: June Walden  
[chairman@isgagymnastics.org](mailto:chairman@isgagymnastics.org) .

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**ISA GROUP SEQUENCE GYMNASTICS COMPETITION**

**Saturday 9 May 2020 (Afternoon)**

**Adcote School**

There will be a Synchronised Group Sequence gymnastics competition for U11 girls and U9 girls, at Adcote School in the same sports hall as the following day's competition. Team of four girls from each age group. The mat area used will be 10 metres x 10 metres. A school may use girls who are involved in the 4 Piece team competition, or different girls. Rules are to be found at the end of the Girls 4 Piece rules. Enter by using the same entry form and Disclaimer as for the 4 Piece competition. Schools entering both competitions need only one signed Disclaimer. Any queries contact the Competition Secretary above.