

Competition Information

Schools may only enter one team per age group.

Premier Girls 5 Piece Championships

- Disciplines x 5:** Set Floor & Set Vault, Voluntary Floor & Voluntary Vault, & Synchronised Group Sequence.
- Age Groups:** Under 9, Under 10, Under 11, Under 13, Under 15 and Over 13.
- Teams:** Consist of 4, 5 or 6 gymnasts from the same school. Where 6 gymnasts make up a team only 5 can perform on each apparatus with the top 4 scores on each discipline to count. The scores are added together to produce an individual and a team score.
- Rules:** As per Premier 5 Piece rules.
- Awards:** Medals are given to the top six teams, the top six individuals and the top six group sequence teams. There are also awards for Endeavour.
- Dates:** Usually the first weekend in March. Three days, Friday, Saturday and Sunday.
- Qualification:** All schools are encouraged to enter teams in the six age groups. A maximum number of 12 teams can be accommodated on the Friday (Under 9 and Under 15), and a maximum number of 16 teams in the other age groups on the Saturday and Sunday. **If more than 12 entries are received in the U9 section all the under 9 teams have to attend** the 2 Piece Championships in the autumn term to contest the 12 available places, If other age categories are over-subscribed, the Competition Secretary informs schools who are required to compete for the remaining places at the 2 Piece competition weekend. The top teams from the previous year's championships already have qualification status.
- Eligibility:** All teams entered by the closing date will automatically qualify unless more than 12 teams enter the U9 and U15 sections and more than 16 teams enter in U10, U11 U13 and O13 age groups. **Qualification takes place at the 2 Piece championships for age groups that are over-subscribed.**
- 12 team places** only available for the U9 and under 15 categories.
- 16 team places** available for U10, U11, U13 & O13 categories.
- Under 9s - no one gains automatic qualification. **If there are more than 12 teams applying for entry** then all teams must attend 2 Piece competition to try to gain a place.
- Under 10s - top 6 teams in the preceding academic year's U9 Nationals secure a place for U10 Nationals, if the schools wish to enter. Everyone else must qualify for the remaining available places.
- Under 11s - top 10 teams in the preceding academic year's U10 Nationals secure a place for U11 Nationals, if the schools wish to enter. Everyone else must qualify for the remaining available places.
- Under 13s - top 10 teams in the preceding academic year's U13 Nationals secure a place for U13 Nationals, if the schools wish to enter. Everyone else must qualify for the remaining available places.
- Under 15s - top 6 teams in preceding academic year's U15 Nationals secure a place for U15 Nationals, if the schools wish to enter. Everyone else must qualify for the remaining available places.
- Over 13s - top 10 teams in preceding academic year's O13 Nationals secure a place for O13 Nationals, if the schools wish to enter. Everyone else must qualify for the remaining available places.
- This is an incentive to lower positioned teams to aim for a qualification spot.

Competition Information

Schools may only enter one team per age group.

The 2 Piece Championships For Girls

This is a Championship in its own right.

Disciplines x 2: Set Floor and Voluntary Vault.

Age Groups: Under 9, Under 10, Under 11, Under 13, Under 15, Over 13.

Teams: Consist of 4, 5 or 6 gymnasts from the same school. Where 6 gymnasts make up a team only 5 can perform on each apparatus with the top 4 scores on each discipline to count. The scores are added together to produce an individual and a team score.

Rules: Set Floor and Voluntary vault as per Premier 5 Piece Girls' rules with a slight adjustment of the vault tariffs.

Under 9 Novice Challenge Cup: If an under 9 team does not wish to progress to the Premier 5 Piece Championships, it may choose to compete in this separate section which uses the 4 Piece Challenge Cup rules and progression.

Awards: Medals are given to the top teams and the top six individuals.

Dates: In the autumn term. Two days, Saturday and Sunday.

Eligibility: All schools are encouraged to enter teams in the six age groups. Currently there is no limit on the number of schools allowed to enter each age group. However, with the exceptions of entries for the under 9 and under 15 2 Piece sections which are open to all schools, teams from schools placed in the top six positions in the relevant age groups in the previous season's Premier 5 Piece Championships, with "relevance" being determined according to the 5 Piece eligibility criteria, are not able to compete.

Tie Breaker for 5 Piece Qualification

In the event of a tie in the 2 Piece competition, where it may matter about placings when qualifying for the Girls' Premier 5 Piece competition, the totals of the teams' top 4 vault scores will be compared. In the case of this being tied then the decision will go on the totals of the top 3 vault scores and so on.

This competition is currently held in conjunction with the Boys' 2 Piece Championships.

The 2 Piece Championships For Boys

This is a National Championships for boys.

Disciplines x 2: Set Floor and Voluntary Vault.

Age Groups: Under 9, Under 11, Under 13.

Teams: Consist of up to 6 boys with only 5 to compete on each discipline. Four scores to count on each discipline. The top four scores are added together to produce an individual and a team score.

Rules: Set Floor and Voluntary Vault as per Premier 4 Piece Boys' rules.

Awards: Medals are given to the top teams and the top individuals.

Dates: In the autumn term. Two days, Saturday and Sunday alongside the Girls' 2 Piece competition.

Eligibility: All schools are encouraged to enter a team in each of the three age groups. Currently there is no limit on the number of schools allowed to enter each age group.

The boys' championships are held in conjunction with the Girls' 2 Piece Championships.

Competition Information

Schools may only enter one team per age group.

Premier Boys 4 Piece National Championships

Disciplines x 4: Set Floor and Set Vault, Voluntary Floor and Voluntary Vault.

Age Groups: Under 9, Under 11, Under 13.

Teams: Consist of 4, 5 or 6 gymnasts from the same school. Where 6 gymnasts make up a team only 5 can perform on each apparatus with the top 4 scores on each discipline to count. The scores are added together to produce an individual and a team score.

Rules: As per Premier 4 Piece Boys' rules.

Awards: Medals are given to the top teams and the top individuals.

Dates: In the early spring term.

Eligibility: All schools are encouraged to enter a team in each of the three age groups. Currently there is no limit on the number of schools allowed in each age group.

Girls 4 Piece Challenge Cup National Championships

Disciplines x 4: Set Floor and Set Vault, Voluntary Floor and Voluntary Vault.

Age Groups: Under 9, Under 11, Under 13.

Teams: Consist of 4, 5 or 6 gymnasts from the same school. Where 6 gymnasts make up a team only 5 can perform on each apparatus with the top 4 scores on each discipline to count. The scores are added together to produce an individual and a team score.

Rules: As per Girls' 4 Piece Challenge Cup rules.

Awards: Medals are given to the top teams and the top individuals.

Dates: In the early spring term.

Qualification: All schools are encouraged to enter teams in the three age groups. Currently there is no limit on the number of schools allowed in each age group.

Eligibility: The I.S.G.A. National Challenge Cup for Girls is open to:

- 1) New Schools.
- 2) Teams not qualifying for the 5 Piece competition.
- 3) a) U9s: Schools choosing to enter the U9 Novice Challenge team category in the 2 Piece competition earlier in the season.
b) Schools that were outside the top 10 in the relevant category at the previous year's 5 Piece competition. ie for the under 11s – previous season's under 10s, or for the under 13s the previous season's under 13s.
- 4) Other schools who believe their girls cannot achieve all the 5 Piece disciplines and only wish to compete in the lower level 4 Piece competition this year, provided that in the current season's 2 Piece competitions, if under 9s they did not finish in the top 8 places, and if under 11s or under 13s they did not finish in one of the first 2 Places amongst those seeking qualification for the 5 Piece.

The Executive Committee reserves the right to veto schools entering teams if they are deemed unsuitable; for example it is not an option to choose to compete in the 4 Piece simply because the date proves to be more convenient for a school or a coach; nor for example if a coach just wants to avoid doing a group sequence.

Restrictions: A school may only enter one team per age group: U9, U11, and U13.

No somersaults are allowed and only one flic and only one aerial (cartwheel or walkover) is allowed in the voluntary floor routine.