

I.S.G.A. UNDER 9, 10 & 11 SET FLOOR – Judging Sheet 2016 – 2020 (5 Piece)

School.....

Under.....

Value	Good posture 3 secs	1.4 Handstand, forward roll, split jump	1.0 360° Spin	1.0 Cartwheel	0.4 ¼ Turn backwards on toes	1.4 Forward horizontal leg lift - 3 secs & upright arabesque balance 3 secs	1.4 Round off, star jump	1.0 Backward roll to straddle stand	1.4 Forward roll, 360° high straight jump	Execution Deductions	TOTAL BONUS	Judge 1	TOTAL
Bonus		0.3	0.1	0.1		0.1	0.1	0.2	0.1	9.00	1.00	Judge 2	
No:										9.00			
No:										9.00			
No:										9.00			
No:										9.00			
No:										9.00			

Bonuses 10 x 0.1 bonuses = 1.00

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| <p>1. Handstand held 2 secs,</p> <p>4. Control in spin (horizontal leg extension).</p> <p>7. Dynamic round off.</p> <p>10. Secure landing.</p> | <p>2. Straight arm forward roll,</p> <p>5. Flight into the cartwheel.</p> <p>8. Backward roll with straight legs throughout,</p> | <p>3. Height in split jump.</p> <p>6. Forward leg lift above 90° held 3 secs.</p> <p>9. Lift, show handstand position with feet together.</p> |
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