

I.S.G.A. UNDER 13, 15 & OVER 13 SET FLOOR – Judging Sheet 2016 – 2020 (5 Piece)

School.....

Under.....

Value	Good posture 3 secs	0.8 540° spin on toes	0.8 Backward roll to front support	0.8 180° high straight jump	1.4 Round off, jump 180°, cartwheel ¼ turn inwards	0.8 Upright arabesque 3 secs	0.8 Forward roll into dish position 3 secs	0.8 Free V-sit 3 secs	1.4 Unsupported shoulder stand 3 secs. 360° high straight jump	1.4 Handstand, forward roll, split jump	Execution Deductions	TOTAL BONUS	Judge 1	Judge 2	TOTAL
Bonus			0.1		0.2	0.1		0.1	0.2	0.3	9.00	1.00			
No:											9.00				
No:											9.00				
No:											9.00				
No:											9.00				
No:											9.00				

Bonuses 10 x 0.1 bonuses = 1.00

1. **Straight** arms in back roll to FS.
4. Leg at **90°** at back held 3 secs.
7. **Secure landing** in 360° jump.
10. **Height** in split jump.

2. **Dynamics**,
5. Lifting legs **without tuck position**.
8. Handstand **held 2 secs**,

3. **Flight** into cartwheel.
6. **Arms on floor above head** in shoulder stand,
9. **Straight arm** forward roll,