

SCHOOL.....

I.S.G.A. VOLUNTARY FLOOR 2016 - 2020

Bonus: Intermediate move = 0.3 (2 needed). Advanced move = 0.4 (1 needed)

No.....	Tumble Run 0.5	COMPOSITION	CONTENT	3.0
		Use of Floor & Levels 0.4	EXECUTION	3.5
		Variety of moves 0.2	COMPOSITION	2.5
		Links/Dance 0.6	BONUS	1.0
		Strength/Flex/Balance 0.3	TOTAL	10.0
		Patterns & Pathways 0.3		
		Music Interpretation 0.3		
No.....	Tumble Run 0.5	COMPOSITION	CONTENT	3.0
		Use of Floor & Levels 0.4	EXECUTION	3.5
		Variety of moves 0.2	COMPOSITION	2.5
		Links/Dance 0.6	BONUS	1.0
		Strength/Flex/Balance 0.3	TOTAL	10.0
		Patterns & Pathways 0.3		
		Music Interpretation 0.3		
No.....	Tumble Run 0.5	COMPOSITION	CONTENT	3.0
		Use of Floor & Levels 0.4	EXECUTION	3.5
		Variety of moves 0.2	COMPOSITION	2.5
		Links/Dance 0.6	BONUS	1.0
		Strength/Flex/Balance 0.3	TOTAL	10.0
		Patterns & Pathways 0.3		
		Music Interpretation 0.3		
No.....	Tumble Run 0.5	COMPOSITION	CONTENT	3.0
		Use of Floor & Levels 0.4	EXECUTION	3.5
		Variety of moves 0.2	COMPOSITION	2.5
		Links/Dance 0.6	BONUS	1.0
		Strength/Flex/Balance 0.3	TOTAL	10.0
		Patterns & Pathways 0.3		
		Music Interpretation 0.3		
No.....	Tumble Run 0.5	COMPOSITION	CONTENT	3.0
		Use of Floor & Levels 0.4	EXECUTION	3.5
		Variety of moves 0.2	COMPOSITION	2.5
		Links/Dance 0.6	BONUS	1.0
		Strength/Flex/Balance 0.3	TOTAL	10.0
		Patterns & Pathways 0.3		
		Music Interpretation 0.3		