

I.S.G.A. GIRLS SET FLOOR – Judging Sheet 2016 – 2020 (4 Piece)

School.....

Under.....

Value	Good posture 3 secs	1.4 Forward roll, straight jump	1.0 360° Spin	1.0 Cartwheel	0.4 ¼ Turn backwards on toes	1.4 Chair balance 3 secs & upright arabesque balance 3 secs	1.4 Cartwheel ¼ turn inwards, star jump	1.0 Backward roll to straddle stand	1.4 Forward roll, 180° high straight jump	Execution Deductions	TOTAL BONUS	Judge 1	TOTAL
Bonus		0.2	0.1	0.1		0.1	0.2	0.1	0.2	9.00	1.00	Judge 2	
No:										9.00			
No:										9.00			
No:										9.00			
No:										9.00			
No:										9.00			

Bonuses 10 x 0.1 bonuses = 1.00

1. **Handstand** forward roll,
4. **Jump lunge** into cartwheel.
7. **Immediate** star jump.
10. **Secure landing** after 180° or 360° jump.

2. **Height** in straight jump.
5. **Straight leg forward to 90°** held 3 secs.
8. Backward roll with **straight legs throughout**,

3. **Control** in spin (horizontal leg extension).
6. **Round off**,
9. **360°** high straight jump,