

THE I.S.G.A NATIONAL 5 PIECE GYMNASTICS CHAMPIONSHIPS

GROUP SEQUENCE CHECK LIST

School:

Age Group: Under

Name of Coach:

Judges' use only		List of elements in the order they occur	CODE E.I.A.	Tariff 0.3/0.5	
	1				
	2				
	3				
	4				
	5				
	6				
	7				
	8				
	9				
	10				
	11				
	12				

Full content requires **12 moves** (10 elementary plus 2 intermediate or advanced) to score the full 4.00 marks. Sequences may be over tarified i.e. total more than 4.0 marks but cannot gain more than the maximum 4.0 marks. Ensure that you have exactly 12 agilities **from the I.S.G.A. floor code**. No more and no less. Describe agilities exactly as they are written down in the code

Elementary moves x @ 0.3 =
 Intermediate moves / Advanced x @ 0.5 =
 Total tariff