ISGA CHALLENGE CUP SET FLOOR Under 13 – Judging Sheet 2025-2029

School…… Age Group……

Value Bonus	Good posture 3 secs	**0.8** 360° spin on toes **0.1** (1)	**0.8** Backward roll to front support	**0.8** 180° high straight jump **0.1** (2)	**1.4** Round off, jump 180° land 2 feet, cartwheel ¼ turn inwards **0.1** (3)	**0.8** Upright arabesque 3 secs	**0.8** Forward roll into dish position 3 secs	**0.8** Supported V-sit 3 secs **0.2** (4&5)	**1.4** Supported shoulder stand 3 secs. 360° high straight jump **0.2** (6&7)	**1.4** Handstand, forward roll, split jump **0.3** (8,9&10)	**Execution Deductions** **9.00**	**TOTAL BONUS** **1.00**	Judge 1 Judge 2	**TOTAL**
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			

Bonuses 10 x 0.1 bonuses = 1.00

1. **540º Spin**.
2. **Immediate** 180 high straight jump.
3. Landing on **one foot and immediate cartwhee**l.
4. **Free V-sit** from tuck position.
5. Lifting legs **without tuck position**.
6. **Unsupported** shoulder stand,
7. **Immediate** 360° high jump.
8. Handstand **held 2 secs,**
9. **Straight arm** handstand forward roll,
10. **Height** in split jump**.**