ISGA BOYS SET FLOOR U13 & O13 – Judging Sheet 2025-2029

School…… Age group……..

Value **Bonus**	Good posture 3 secs	**2.0** Cartwheel x2, backward roll immediate high straight jump **2 x 0.1** (1&2)	**0.6** Forward roll into long sit 3 secs **1 x 0.2** (3)	**0.6** Free V-sit 3 secs **1 x 0.1** (4)	**0.6** Pike fold 3 secs	**1.2** Back support, side support & front support 3 secs. each **1 x 0.1** (5)	**1.0** Headstand press to front support **1 x 0.2** (6)	**0.8** Tuck planche 3 secs **0.2** (7)	**1.2** Chassé, scissor kick, arabesque 3 secs	**1.0** Round off rebound star jump	**Execution Deductions** **9.00**	**TOTAL BONUS** **1.00**	**Judge 1** **Judge 2**	**TOTAL**
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			
No: ……..											9.00 ……..			

Bonuses 4 x 0.1 + 3 x 0.2 = 1.00.

1. First cartwheel being **one handed** = 0.1
2. Straight jump **360°** = 0.1
3. **Handstand** forward roll = 0.2
4. **Raising straight legs** from long sit to free V-sit = 0.1
5. For **star shape** in side support held 3 secs = 0.1.
6. Headstand **press to handstand** to reach vertical = 0.2.
7. **Roll out** of tuck planche = 0.2